



**Say:** Do any of you play with Superman, Spiderman, or Batman action figures? Super heroes have make-believe POWERS! Who remembers how Spiderman got his power?

*(Campers respond)*

Yes, a spider bit him and gave him the power to climb walls and spin webs. Superman has special POWERS too. What are his powers and how did he get them?

*(Campers respond)*

Superman came to earth in a rocket from the planet Krypton when he was a baby. His POWER was woven in his baby blanket. Later, the blanket was sewn into a costume so he could fly, run faster than a speeding bullet, and jump over tall buildings.

God has POWER too, but unlike the Superheroes His POWER is REAL! Can you think of ways God showed His power?

*(Campers respond)*

He sent Jesus, His Son, to earth in human form. On earth Jesus performed many miracles. What is a miracle?

*(Campers respond)*

A miracle is a supernatural happening only God can achieve. It was through the POWER of the Holy Spirit that Jesus was able to work many miracles. He walked on water and calmed a storm with the wave of His hand. People, who were blind, could SEE! People, who could not walk, could RUN! In the Bible Jesus shared a meal with His disciples. During the meal He took a piece of bread and changed

it into His very own body. We call Jesus, in the form of bread and wine, the Eucharist. It is through the POWER of the Holy Spirit that this change takes place.

After Jesus died on the cross, He rose from the dead. His disciples watched as He rose off the ground and disappeared into a cloud. Jesus didn't climb aboard a space ship, but was lifted to heaven by the POWER of the Holy Spirit. Who is the Holy Spirit?

*(Campers respond)*

The Holy Spirit is God. He is the third person of God. He lives inside you and is your friend and helper. When did you receive the Holy Spirit?

*(Campers respond)*

He came to you the day you were baptized. On this day you became a member of the Catholic Church and God's child. Jesus said to His disciples, **"...you will be baptized with the Holy Spirit."** (Acts 1:5)

Does POWER from the Holy Spirit help you leap tall buildings and run faster than a speeding bullet? No! So what kind of POWER does the Holy Spirit give you?

*(Campers respond)*

He gives you the POWER to love and to live as a child of God. The Bible says, **"But as for me, I am filled with power, with the spirit of the Lord."** Micah 3:8

*(Campers stand up, make a power stance, and shout out the verse)*